



Sort your LifEQI out

Once again, whilst Virginia takes a highly indulgent mid-week day off, I've been entrusted as the writer of the EQUIP comms. Today's topic: LifeQI (what's that sound? the collective groan of Tower Hamlets practice staff). Stay with me, I'll keep it brief (and I mean brief, not Virginia 'brief').

Hopefully, you are all very familiar with LifeQI, and are diligently updating your projects. For those that aren't, it's basically an online tool to track and share your improvement project. It makes driver diagrams, aim statements and control charts super easy. It's a big electronic cheat sheet. You can find out more, and request a log in here: <https://www.lifeqisystem.com/>

Just a reminder, EVERY SINGLE QI PROJECT happening in Tower Hamlets should be logged on LifeQI. Yes, *even* if it's tiny. Yes, *even* if you've only just started. Not only does it make all the QI stuff so much easier, it helps us all share and learn. About to launch a project on DNAs? Hold up. There are at least 8 practices already working on this, why not see what they are up to? Want to increase use of your online services, a quick look through our projects shows that another 7 are already all over this. Don't spend ages figuring out if it is possible to get good baseline data – see who else has done it and pinch with pride.

Also, it gives the CCG immense bragging rights when we're compared to other CCGs also doing QI work in General Practice. What's that *neighbouring-but-can't-possibly-be-named-CCG*, you've got 6 projects going on right now? That's great, but let me tell you about the 99 projects in Tower Hamlets. Yeah, yeah, it's about quality *as well* as quantity. But we know TH Primary Care **IS** quality.

Wondering what the projects are? Take a look at the attached document. It's in alphabetical order – so it should be easy to find your practice. Wondering where your practice is on the list? You either haven't logged it on LifeQI, or you've ignored our top tips for LifeQI (below). I'm looking at you Barkantine.

As a central team, we use LifeQI to make sure our the whole EQUIP programme is actually working, to see how teams are getting on, and to pick out good practice to celebrate and share. So if you want us to shout about YOU in our next newsletter, make sure you've got a really great project set up on LifeQI.

Top tips for Life QI Hygiene,

1- Include Practice name or organisation in project title : "Practice Name_Project title"

2- Make sure you update your project at least once a month to capture progression. If you think your project deserves a higher score – email Clemence & your coach if you have one with short rationale.

Reminder :

Progress Score Definitions

0.5 Intent to Participate	Project has been identified, but the charter has not been completed nor team formed.	3.0 Modest Improvement	Successful test of changes have been completed for some components of the change package related to the team's charter. Some small scale implementation has been done. Anecdotal evidence of improvement exists. Expected results are 20% complete.
1.0 Charter and Team Established	A charter has been completed and reviewed. Individuals or teams have been assigned, but no work has been accomplished.	3.5 Improvement	Testing and implementation continues and additional improvement in project measures towards goals is seen.
1.5 Planning for the Project has begun	Organisation of project structure has begun (such as: what resources or other support will likely be needed, where will focus first, tools/materials need gathered, meeting schedule developed).	4.0 Significant Improvement	Expected results achieved for major subsystems. Implementation (training, communication etc.) has begun for the project. Project goals are 50% or more complete.
2.0 Planning for the Project has begun	Initial cycles for team learning have begun (project planning, measurement, data collection, obtaining baseline data, study of processes, surveys etc.).	4.5 Sustainable Improvement	Data on key measures begin to indicate sustainability of impact of changes implemented in system.
2.5 Activity, but no changes	Initial cycles for testing changes have begun. Most project goals have a measure established to track progress. Measures are graphically displayed with targets included.	5.0 Outstanding Sustainable Results	Implementation cycles have been completed and all project goals and expected results have accomplished. Organisational changes have been made to accommodate improvements and to make the project changes permanent.

Note 1: This may mean either that a) 20% of project numeric goals have been met or b) each measure is showing 20% improvement towards goal.
Note 2: This may mean either that a) 50% of your numeric goals have been met or b) each measure is showing 50% improvement towards target.

3- Complete all the sections. Measures, especially outcome and balancing measures, are missing in more than 30 projects! But aim and rationale sections are completed in most projects (well done!).

4- Your project aim should include the following areas@

We will **increase/decrease/improve** the **number/amount/percentage** of
(process)

By (percentage) OR From(baseline) to (target)

By(date)

(Remember more isn't a number and soon isn't a time)

Example: We will increase the number of projects scoring 3.5 and above from 20 to 75 by December 2018.

I'll bore off just now. I think you've got the message.

[CLICK HERE TO DOWNLOAD LIFE QI PROJECTS EXTRACT](#)