



ENABLING QUALITY IMPROVEMENT IN PRACTICE

# Tower Hamlets Our Latest Newsletter (01/07/2019)



## **Get involved in your next GP SUMMIT!!**

Here's hoping that reading this title brings a smile to your face...! Because it's happening, it's that time of year, again...! When a little group of us starts getting together to spend six months planning a summit that will last four hours. J Yep, before all our meetings started this morning, a small coalition of the willing got together to eat toast and start talking summit.

**Time to plan the GP SUMMIT!!!**



*(Check out Safa in the mirror!!!)*

As ever, this is a work of creativity and flair. It gains definition and detail as ideas come flowing in, and celebration starts to take new and better shape over time. This means: the summit is an experience of true co-production. Practices and Care Group and the CCG, all joining together to create a party that exceeds last year's one (gulp – is that even possible??). With the difference that we hope to not have queues and wristband barterers outside the entrance this time! Instead of 250 places, we are planning for 400. No man, no woman, no one, shall be turned away from the festivities (so long as, erm, they booked themselves into the party, of course. We're not *that* chilled. Gotta cater 'n all that jazz.)

### **What do we know about this summit?**

**The date:** Tuesday, 22<sup>nd</sup> October, 13:00-17:00

**The theme:** it's a p-a-a-r-t-y!!!! A birthday party!!!! Celebrating 10 years of our networks

**The aim:** to celebrate ten years' of achievements, imagine a ground zero of no networks or care group (where would we be instead??), and sketch our direction forward

**The location:** St Paul's Way Trust School

**The food:** tasty. Super tasty

**Part of the agenda:** to ask for live examples of moments when people, practices or networks have lived to our Primary Care Strategy values (more to come on this)

**What do we *not* know?**

Everything else. We're waiting for your input to figure it out. We have loads of ideas that we are tossing around, including:

- Videos
- Games and breakout sessions
- Skits and plays
- Identifying what genius we hold, and what weaknesses we need to support one another on
- A grand piano (Kings Cross station, anyone??)
- A baby monkey for petting and feeding (OK this part is not true at all)
- Videos
- Live voting
- Livestreaming
- Celebrating a few failures

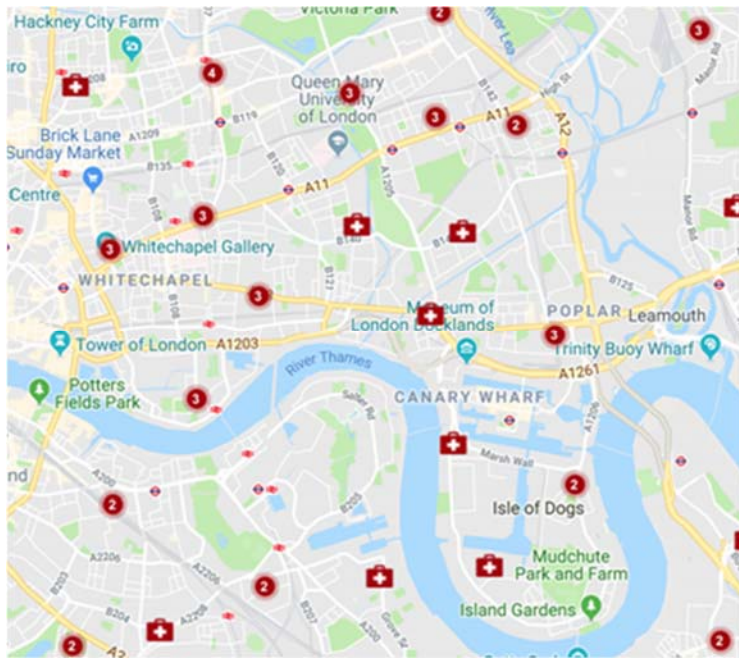
**Action for you:** if you have fun ideas about how to plan our celebration, and what you think it might include, please drop me a line!! If you know of an awesome group game, of a great idea that's really taken off, if your party planning skills have been collecting dust but the glitter is waiting to shine – get in touch. Anything you wanted to see more of, less of, or differently as opposed to last year – let it be known, so that we can plan the best party in history, together.

And, of course, block the date in your diary. Six months' notice ought to give us all time enough to plan to attend.

And on another note...

**Today is Clean Air Day!**

The World Health Organisation (WHO) sets limits for air pollution that shouldn't be passed. In the UK it is thought that up to 40,000 deaths a year are caused by air pollution and there are currently 2000 locations in the UK breaching these limits. And this is happening right at our practices' doorsteps:



**Recorded levels of PM2.5 exceeding WHO limits.**  
The WHO annual limit for PM2.5 is 10  $\mu\text{g}/\text{m}^3$

The model used to work this out looks at background levels. It doesn't take into account road-side concentrations and represents an annual average. As such, this site can experience higher levels than what is indicated on the map.

Yesterday we had a great QI session with 35 Tower Hamlets CCG staff thinking about improving air quality using six thinking hats parallel thinking tool. We ended the session by making pledges to address our impact on air pollution – these ranged from buying a new electric car to planting more in our gardens.

**What will your pledge be?**



Check out how you can get involved in making this a healthier borough to live and breathe in: <https://www.cleanairday.org.uk>. When it comes to making an impact,

whether it be on cleaner air or the quality of our celebrations, you rule. (Note: Draw a ruler. You can do it.)

Virginia